



DONATE!



**UNITED FOOD BANK
AND SERVICES**



VOLUNTEER!

FOOD DRIVE

DATES: _____

Most Needed Items

- PEANUT BUTTER & JELLY
- CANNED MEATS
- CANNED SOUPS
- CANNED VEGETABLES & FRUITS
- CEREAL & OATMEAL
- PASTA & MAC & CHEESE
- RAMEN NOODLES
- SNACK & BREAKFAST BARS
- RICE

**Nourish today,
thrive tomorrow.**

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